



10 Decluttering Questions

Ask yourself...

1. Is this useful to me?
2. Do I really LOVE this item?
3. Do I have something similar to this?
4. Am I only keeping this item out of obligation?
5. Is this sentimental?
6. Is this helping me reach a personal goal?
7. Is this taking up valuable space that I could be using for some more meaningful items?
8. Am I keeping it only because I spent money on it?
9. Is this item worth the time, money, and energy I spend on storing it?
10. Am I saving this item for that “just in case” moment (that hasn’t happened!?)

Then, ask yourself...

1. Can I borrow it?
2. Can I rent it?
3. Can I make do with what I have?

